



GREEN PATHWAY – SOCIAL ENGAGEMENT

Eyes:

- Bright, shiny eyes
- Looks directly at people/objects
- Looks away for breaks, then returns to eye contact
- Seems alert, takes in information

BODY:

- Relaxed with good muscle tone
- stable, balanced and coordinated movements
- infant moves arms and legs toward centre of body
- infant molds body into caregiver when held
- moves faster or slower depending on environment

FACE:

- Smiles
- neutral
- can express all emotions

VOICE:

- laughing
- tone changes

RHYTHM/RATE OF MOVEMENT

- changes smoothly to respond to the environment
- movements not too fast or too slow

RED PATHWAY – Fight or Flight

EYES:

- open, squinted or closed eyes
- may have direct, intense eye contact
- eyes roll upward
- eyes look quickly around the room

BODY:

- Fingers spread out
- arched back, tense body position
- fingers clenched into fist
- constant motion
- demands space by pushing, shoving, and getting into other's space
- biting, hitting, kicking, jumping, throwing
- bumps into things, falls
- threatening gestures (shakes finger or fist)



FACE:

- wide, open mouth
- anger, disgust
- frown, grimace
- fake, forced smile
- clenched jaw or teeth

RHYTHM/RATE OF MOVEMENT:

- fast movements
- impulsive movements
- can't sit still
- fidgeting

VOICE:

- high-pitched crying, yelling or screaming
- loud
- hostile or grumpy
- sarcastic
- out of control laughing



BLUE PATHWAY – Shutting Down

EYES:

- Glazed-glassy eyes (looks through rather than at)
- looks away for a long time, looks down
- seems drowsy/tired
- does not look around the room for interesting items
- looks at things more than people

FACE:

- flat/blank
- mouth turned down, sad

VOICE:

- flat
- makes few to no sounds
- sounds cold, soft, sad, too quiet

RHYTHM/RATE OF MOVEMENT

- slow movements
- slow to start moving

BODY:

- slumped/slouching
- low muscle tone
- little or no exploring play or curiosity
- wanders
- frozen or slow-moving

