

**access**  
clarence **news**

JUNE/JULY 2016

## FEATURE COMMUNITY MEMBER



Isabelle Bevan

Hi my name is Jen Dare, I live in Clarendon Vale and together with community members and staff at the Clarence Plains Child and Family Centre we started fund raising to install a Liberty Swing in the 'World Classroom' playground at the centre.

**From Challenges to Outcomes**

At first there was a lack of belief this project could happen in our area, and we needed funding, but the outcomes have been great. The swing has given the community a chance to talk about inclusion and show respect for people living with disabilities. With the support of the centre I have learnt new skills and am ready to use these to make our community even more inclusive. The swing is a great asset to the area and the kids using it enjoy it.

**To use the swing**

Community members are welcome to use the "World Classroom" playground – including the Liberty swing

- From Monday to Friday 9am – 5pm the staff at the Centre are available to provide access to the swing
- For access at weekend contact the centre during opening hours to obtain the key (no charge)

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**Clarence Plains Child and Family Centre**

**25 Mockridge Road, Clarendon Vale**

**Tel: (03) 6246 6444**

**[www.facebook.com/ChildAndFamilyCentreClarencePlains](http://www.facebook.com/ChildAndFamilyCentreClarencePlains)**

## FEATURE BUSINESS

**Lifetime Homes  
Tasmania**

Sharon Overton, Business Manager  
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**Brief overview of Business**

We build quality new homes - specialising in building for people planning retirement, living with a disability or injury.

**How does your Business meet the needs of people living with disabilities?**

- We build to the Livable Housing Design Guidelines to achieve a functional home that increases our clients' independence, safety and wellbeing.
- We custom design homes for any specific access needs.

**What has been the outcome?**

- Homes that are functional and attractive
- Low maintenance homes and gardens
- Homes that can easily adapt to peoples changing needs.

**Lifetime Homes**  
TASMANIA

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FEATURE ORGANISATION

## Carers Tasmania

**Simone Favelle - Project Officer Carer and Community Engagement**



Carers Tasmania is dedicated to improving the quality of life for family and friends caring for someone with a disability, mental illness, chronic condition, terminal illness or who is frail or aged.

### What does your service do best?

- Provide carer specific advice, information and referral.
- Provide emotional support and encouragement.
- Provide ideas and techniques for coping and bringing about change.
- Give carers the opportunity to meet others in similar situations via workshops and support groups.

### How does your service enable Access and Inclusion within Clarence?

- Supporting carers ensures their caring role is sustainable - enabling the person requiring care to remain in their own home and community.
- Appointments can occur over the phone or face to face.

### Inspiring Example

Jean cares for her husband who has dementia, and heard about Carers Tasmania through a friend. Through her contact with staff, Jean found she was eligible for a payment from Centrelink and some help at home. Jean was able to arrange respite so she could continue with her art class.

After attending some workshops where she met other carers and explored some new strategies to help her, she decided to join a support group with other carers who meet for lunch once a month.

### Fact Sheet

A fact sheet is available on our website:

<http://carerstas.org/Assets/Files/Carers%20Tasmania%20Fact%20Sheet.pdf>



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